

# “SEELENRUHE” YOGA RETREAT

A woman in a white dress is performing a yoga pose (Vrikshasana) on a wooden deck. She is standing on her right leg, with her left leg raised and foot resting on her right thigh. Her arms are raised straight up, with her hands clasped together. The background shows a lush green park with trees and a few white chairs on the deck.

ENTSPANNUNG, ACHTSAMKEIT,  
ERNEUERUNG.

28. März - 1. April 2026

SEENLANDHOF in Senftenberg

WO?



### KOMPLETT PAKET

- 4-Sterne Appartement
- SEENLANDHOF
- 2x Yoga & Entspannung
- Brunch im Wintergarten
- Sauna & Freizeitaktivitäten
- Tee & Kaffee Zeit
- Abendessen

# SEENLANDHOF\*\*\*\*

## Direkt am Senftenberger See

INTERESSE ?  
Dann melde Dich.

[buchung@seenlandhof.de](mailto:buchung@seenlandhof.de)  
+49 (0) 162-26 46 177



4Tage



# YOGA RETREAT

## PREISE

- eigenes Schlafzimmer im App - 872,-€
- Doppelbett im App "Room with a friend" - 772,-€
- App zur Einzelnutzung - 1.072,-€
- Studio in Einzelnutzung - 972,-€

